

	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
<b>Year 1</b>	<p>Bears Tea party - healthy sandwiches. <b>Diet</b></p> <p>PSHE : Physical health and wellbeing</p> <p><b>CC - Food Choices</b> (including celebrations)</p> <p><b>PSHE - Physical health and wellbeing.</b></p>	<p>CC- Looking after yourself (oral Health/Teeth)</p> <p><b>CC - Food Choices</b> (including celebrations)</p>	<p>Don. M - <b>CC - Recognise</b> food can be grown at home or at school. Growing Project.</p>	<p>Dips and Dippers (DT)</p> <p>China - eating/other cultures.</p> <p>Science - <b>CC - Food Origins</b> recognise that all food comes from plants and animals.</p>	<p>Promoting Physical activity outside school <b>CC - Know that an active lifestyle</b> is good for health. (Active lifestyles)</p>	<p>Fruit Salad (DT)</p> <p><b>CC - be aware that some foods have labels which provide information to help with making a choice. Food Labelling</b></p> <p><b>DM - CC - Food preparation and handling skills. And Food Safety</b></p>
<b>Year 2</b>	<p>CC- Eat Well Plate / Rainbow of healthy foods. (<b>Diet</b>)</p> <p>PSHE: Physical Health &amp; Wellbeing: What keeps us healthy?</p> <p><b>CC - Active Lifestyles</b> (Physical Activity)</p> <p>KS1 Cooking club</p> <p><b>CC - Food safety</b></p> <p><b>CC - Food preparation &amp; Handling skills</b></p>	<p>Science - Animals including Humans</p> <p>How will 5 a day keep us healthy?</p> <p><b>CC - Diet</b> (Food &amp; drink)</p> <p><b>CC - Active Lifestyles</b> (Physical Activity)</p> <p>KS1 Cooking club</p> <p><b>CC - Food safety</b></p>	<p>Science - Animals including Humans</p> <p>How will 5 a day keep us healthy?</p> <p><b>CC - Diet</b> (Food &amp; drink)</p> <p><b>CC - Active Lifestyles</b> (Physical Activity)</p> <p>KS1 Cooking club</p>	<p><b>CC - Active Lifestyles</b> (Physical Activity)</p> <p><b>CC - Food choice</b></p> <p>China - eating/other cultures.</p> <p><b>CC - Food origins</b></p> <p>KS1 Cooking club</p> <p><b>CC - Food safety</b></p>	<p><b>CC - Active Lifestyles</b> (Physical Activity)</p> <p>KS1 Cooking club</p> <p><b>CC - Food safety</b></p>	<p><b>CC - Active Lifestyles</b> (Physical Activity)</p> <p><b>CC - Food labelling</b></p> <p>KS1 Cooking club</p> <p><b>CC - Food safety</b></p>

	<p>PSHE - Physical health and wellbeing.</p>	<p>CC - Food preparation &amp; Handling skills</p> <p>Science - Animals including humans</p>	<p>CC - Food safety</p> <p>CC - Food preparation &amp; Handling skills</p>	<p>CC - Food preparation &amp; Handling skills</p>	<p>CC - Food preparation &amp; Handling skills</p>	<p>CC - Food preparation &amp; Handling skills</p>
Year 3	<p>CC- Science- <b>Diet:</b> Food and nutrition 5 food groups and 7 nutrients + healthy diet</p> <p>CC- <b>Active lifestyles-</b> Science- muscles and how they work and doing regular exercise makes their bodies fitter and healthier</p>	<p>CC- <b>Active lifestyles-</b> To know how physical activity affects their health</p> <p>Science - Animals including humans</p>	<p>CC- Science- <b>Food Origins</b> explore the requirements of plants for life and growth and how they provide food</p> <p>DM - CC - <b>Food preparation and handling skills. And Food Safety</b></p>	<p>DM - CC - <b>Food preparation and handling skills. And Food Safety</b></p>	<p>CC- <b>Food labelling-</b> make use of information on food and drink labels</p>	<p>CC- <b>Food choice-</b> appropriate portion size</p> <p>PSHE - Physical health and wellbeing.</p>
Year 4	<p>Science: What happens to the chocolate we swallow? Digestive system <b>CC: Diet</b> Food needs change and allergies How does a Nile flood help the farmers? <b>CC: Consumer awareness and food origins</b> Egyptian diet and variety of food types Crops and seasons of growth <b>CC: Food preparation and handling skills</b> Sampling fruits</p>		<p>History: What did the Romans do for us? <b>CC: Food preparation and handling skills</b> Demonstrate an increasing range of food preparation skills</p> <p>PSHE: Physical health and wellbeing <b>CC: Active lifestyle</b> Regular physical activity and its importance</p> <p>PSHE - Physical health and wellbeing.</p>	<p>DT: DM <b>CC: Food choices and Diet</b> that a healthy diet is made up from a variety and balance of different food and drink</p>	<p>History: Where did the Anglo-Saxons come from? <b>CC: Food preparation and handling skills</b> Try a range of ingredients and recipes <b>CC: Food safety</b> Demonstrate good food safety practices</p>	<p>DT: DM <b>CC: Diet</b> that to be active and healthy, food and drink are needed to provide energy for the body</p>

Year 5	<p>C.C. Active lifestyles-ongoing.</p> <p>Thursday/Friday PE sessions. Football, Netball and Athletics club.</p>	<p>C.C. Consumer awareness. Food origins. WW2. UK.OK. (Land use).</p> <p>C.C. Food prep. WW2, U.K.O.K.</p>	<p>C.C. Food choice- Persuasive writing.</p> <p>C.C. Active lifestyles. Physical health and well-being.</p> <p><b>PSHE</b> - Physical health and wellbeing.</p> <p>Science - Animals including humans</p>		<p>C.C. Food prep. History. Aztecs.</p> <p>C.C. Diet. Science. Living things.</p>	<p>C.C. Food prep. History. Aztecs.</p>
Year 6	<p>World War 2 Topic/DT - Rationing, portion size, Dig for Victory Campaign, prepare a VE street party and food in the Ghettos of Warsaw</p> <p><b>CC - Food Choices and Consumer Awareness - Origins of Food</b> <b>Cooking Food - Food Preparation and Handling</b> <b>Food Safety</b></p> <p>PE - Cardio Ball Skills/Athletics</p> <p><b>CC - Active Lifestyle</b></p>	<p>World War 2 Topic/DT - Rationing, portion size, Dig for Victory Campaign, prepare a VE street party and food in the Ghettos of Warsaw</p> <p><b>CC - Food Choices and Consumer Awareness - Origins of Food</b> <b>Cooking Food - Food Preparation and Handling</b> <b>Food Safety</b></p> <p>PE - Static Balances/ Invasion Games</p> <p><b>CC - Active Lifestyle</b></p> <p><b>Science</b> - Animals and humans.</p>	<p>Aztecs Topic - Prepare an Aztec Feast</p> <p>CC - Diet <b>Origins of Food</b> <b>Cooking Food - Food Preparation and Handling</b> <b>Food Safety</b></p> <p>Science - bacteria and micro-organisms</p> <p><b>CC - Food Safety</b></p> <p>PE - Dynamic Balance/Invasion Games</p> <p><b>CC - Active Lifestyle</b></p>	<p>Science - What Would a Journey Through Your Body Be Like?</p> <p><b>CC - Diet</b> PE-Agility Balance/Dance</p> <p><b>CC - Active Lifestyle</b></p>	<p>PHSE - Ice Lolly Enterprise</p> <p><b>CC-Diet (Food and Drink)</b> PE - Floor Movements/Net and Wall Tennis</p> <p>Sports Day</p> <p><b>CC - Active Lifestyle</b></p>	<p>Science Investigations linked to food groups, exercise and growth</p> <p><b>CC- Diet</b> <b>CC - Consumer Awareness - Food Origins</b> <b>Food Labelling</b> <b>Food Choice</b> <b>Active Lifestyles</b></p> <p>PE - Agility Striking and Fielding</p> <p><b>CC - Active Lifestyle</b></p>