



Whole school PSHE curriculum overview

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Physical health and wellbeing Fun times	Physical health and wellbeing What keeps me healthy?	Mental health and emotional wellbeing Strengths and challenges	Keeping safe and managing risk  Playing safe	Mental health and emotional wellbeing Dealing with feelings Prevent: Don't be a Sheep	Mental health and emotional wellbeing  Healthy minds Prevent: Don't be a Sheep
Autumn 2	Keeping safe and managing risk  Feeling safe	Mental health and emotional wellbeing Friendship	Keeping safe and managing risk  Bullying – see it, say it, stop it	Identity, society and equality Democracy	Drug, alcohol and tobacco education  Making Choices Prevent: Planet Parallel	Sex and relationship education Healthy relationships / How a baby is made
Spring 1	Identity, society and equality Me and others	Keeping safe and managing risk  Indoors and outdoors	Identity, society and equality Celebrating difference	Physical health and wellbeing What is important to me?	Physical health and wellbeing In the media Prevent: Out with homophobia!	Drug, alcohol and tobacco education  Weighing up risk Prevent: Planet Parallel
Spring 2	Drug, alcohol and tobacco education  What do we put into and on to bodies?	Careers, financial capability and economic wellbeing My money	Sex and relationship education  Growing up and changing	Identity, society and equality Stereotypes, discrimination and prejudice (including tackling homophobia)	Keeping safe and managing risk  When things go wrong Prevent: Easily Influenced	Identity, society and equality Human rights Prevent: Living in the Wider World
Summer 1	Mental health and emotional wellbeing Feelings	Sex and relationship education  Boys and girls, families	Drug, alcohol and tobacco education Tobacco is a drug Alcohol Education Rory Section 2	Sex and relationship education  Growing up and changing	Sex and relationship education  Healthy relationships / How a baby is made	Careers, financial capability and economic wellbeing Borrowing and earning Money Prevent: Ground Zero
Summer 2	Sex and relationship education  Boys and girls, families	Drug, alcohol and tobacco education  Medicines and me Alcohol Education Rory Section 1	Physical health and wellbeing What helps me choose?	Drug, alcohol and tobacco education  Making Choices	Careers, financial capability and economic wellbeing Saving, spending and budgeting Prevent: Ground Zero	Keeping safe and managing risk  Keeping safe - out and about FGM Prevent: Easily Influenced



The red flag demarcates lessons which link directly to safeguarding